MADE WITH LITTLE STORYBOOK

The Sleepy Seed Wakes Up

Visual lesson



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A Tiny Sleeping Seed

Look! There's a tiny seed in your hand, small and hard like a little brown bead. But guess what? Inside that tiny seed, a whole baby plant is sleeping, curled up tight with a tiny snack packed beside it, like a lunchbox for later. Say it with me: a seed is a baby plant taking a nap.





Waking the Sleepy Seed

How do we wake the sleepy seed up? It needs a cozy bed of soil, a drink of water, and warm sunshine. We tuck the seed into the dirt like tucking it under a blanket, and glug glug, the seed drinks the water, gets bigger and softer, and the baby plant starts to stretch and wake up. Water wakes the seed up!

> **TALK ABOUT IT**
> The seed pops open! Which way does it grow first?

Pop! Roots Go Down

The seed cracks open, pop! Here's the surprise: a little root wiggles down into the dark dirt, like toes digging into sand at the park. The root holds the plant steady and slurps up water like a straw.





Sprouts Go Up

Then a green sprout pushes up, up, up toward the light. Roots go down, sprouts go up! And here's a wow fact: scientists once woke up a seed that was two thousand years old, older than any grandma or grandpa ever, and it still grew into a plant!

TALK ABOUT IT

Roots go down, sprouts go up. True?

Leaves Catch Sunshine

When the sprout pops out of the dirt, it opens little green leaves, like tiny hands waving hello to the sun. Because the leaves catch sunlight, the plant can make its own food and grows taller and taller. Leaves catch sunshine to help the plant grow!

TALK ABOUT IT

What do the leaves catch to help the plant grow?





Hello, Sleepy Baby Plants!

So remember, little gardener: a seed is a baby plant taking a nap, and water, dirt, and sunshine wake it up. The roots go down to drink, and the sprout goes up to find the light. Next time you see seeds inside an apple or a sunflower, whisper, "Hello, sleepy baby plants!"

Check your wonder

1 **What is a seed?**

- **A.** A baby plant taking a nap
- **B.** A little rock
- **C.** A tiny candy

2 **What wakes the sleepy seed up?**

- **A.** Water, dirt, and sunshine
- **B.** A loud song
- **C.** A big jump

3 **Which way do roots go?**

- **A.** Down
- **B.** Up

ANSWERS 1-A 2-A 3-A

1. Yes! A seed is a baby plant taking a nap, curled up tight inside. 2. That's it! Soil, water, and warm sunshine wake the sleepy seed up. 3. Yes! Roots go down to drink, and sprouts go up to find the light.

THE END

Visual lesson



Put your child in this story

Free to try. Scan the code or visit

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